

Next Meeting:

WEDNESDAY
JULY 22, 2015

Watch the
Broadcast of

Tour de France
Stage 17

Where:

Bert & Ernie's
316 N. Last
Chance Gulch

Summer Cycling Events with HBC

ONE HELENA HUNDRED

The One Helena Hundred Century Ride is Saturday, July 18, 2015. The ride begins in Cascade, MT with a 7AM mass start at Cascade Park. Come and join us for a wonderful scenic route along the Missouri River. There are options for a Metric Century (100 KM = 62 miles), an 80 mile ride, or a standard 100 mile century ride. The ride is fully-supported with rest stops and registration includes lunch at Cascade Park.

The 100-mile route has been changed slightly this year, so that it takes a ten-mile spur out of Wolf Creek on MT 434 before proceeding south to Spring Creek. This adds one short climb, but eliminates the spur to Ulm and back which is without shade and usually quite hot by the end of the ride. Online registration for the ride is currently open, and members can register by following the registration link on the home page of the Helena Bicycle Club website. Online registration ends on July 15th.

2015 TOUR DE FRANCE MEETING

The Helena Bicycle Club will once again host a club meeting for the 2015 Tour de France. Join us at Bert & Ernie's (316 N. Last Chance Gulch) to watch the re-broadcast of

stage 17 at 6PM on Wednesday, July 22nd. This stage is a 161km route from Digne-les-Bains to Pra Loup Station de Montagne. The four significant climbs culminate with a category 1 followed by a steep descent. HBC will buy appetizers, and members can purchase their own dinner and beverage.

DOUBLE DIVIDE RIDE

HBC will present the DOUBLE DIVIDE RIDE on August 1&2, 2015. Just as it did last year, this year's ride will have three different choices as to how riders cross the continental divide. Option one is known as "Il Diavolo" (The Devil), and is a 135 mile Gran Fondo ride on Saturday, August 1. Start in Helena, Climb over MacDonald Pass and then cycle to Lincoln, MT via MT 141 and MT200. From Lincoln, proceed to MT 279 and climb Flesher Pass on the way back to Helena. Lunch and a post-ride meal will be provided for Gran Fondo riders.

Option two is the very popular two-day tour, known as "Ciclismo e Cucina." (cycling and cuisine) This ride utilizes the same 135 mile course as the Gran Fondo, but it is at a more relaxed pace. Emphasis is on great food and fellowship. Saturday evening, riders enjoy an Italian-themed dinner and will overnight in Lincoln, MT. Riders can have one overnight

bag transported to Lincoln. There are options for camping, sleeping indoors at the school, or finding your own hotel accommodation in Lincoln. Breakfast is included in Lincoln on Sunday morning.

The third option is known as “Il Diavolo Sporco” (the Dirty Devil) and is a two-day tour which features gravel roads to cross the continental divide. Parts of this route are paved, but riders choosing this option will cross Mullan and Stemple Passes on gravel. These riders will also overnight in Lincoln and enjoy the same meals.

Regardless of route or option, all riders will leave from Helena’s Centennial Park at 7AM on Saturday, August 1. Online registration for the ride is currently open, and members can register by following the registration link on the home page of the Helena Bicycle Club website. Please note that registration fees increase by

\$10 on July 15th, and that registration closes on July 24th. There will be NO day-of-event registration allowed for the two-day tours, but one-day Gran Fondo riders may register on the day of the event. (We need to submit our rider count to the food catering team at least a week ahead of this event)

VOLUNTEERS NEEDED

As you may have noticed by the reduced number of HBC Newsletters, we are seeking a Newsletter Editor. Bruce Newell, who has done wonderful work for us for the last several years, has left the position in order to spend more time riding his bike! If you are interested in writing or editing newsletters for HBC, please contact any board member. Also, if you are interested in volunteering to assist with the Double Divide Ride, please contact Rob Psurny at president@helenabicycleclub.org. We can always use a few more volunteers.



Helena Bicycle Club
PO Box 4682, Helena, MT 59604

HBC 2015 Board

- Rob Psurny, President
- Bill Schneider, Vice President
- Rick Dendinger, Treasurer
- Rick Bush, Secretary
- Peggy Stringer, Membership
- Don Harris, DDR, Outreach
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