

HELENA BICYCLE

Special May Meeting
Location: Barney Park



HBC MAY 2011 NEWSLETTER

May is Switching Gears month, an opportunity to remind yourself how good it is to get around town under your own steam, or via the bus. See the inserted calendar for events, discounts, and fun.

Parts of a Bicycle *Partes de la Bicicleta*

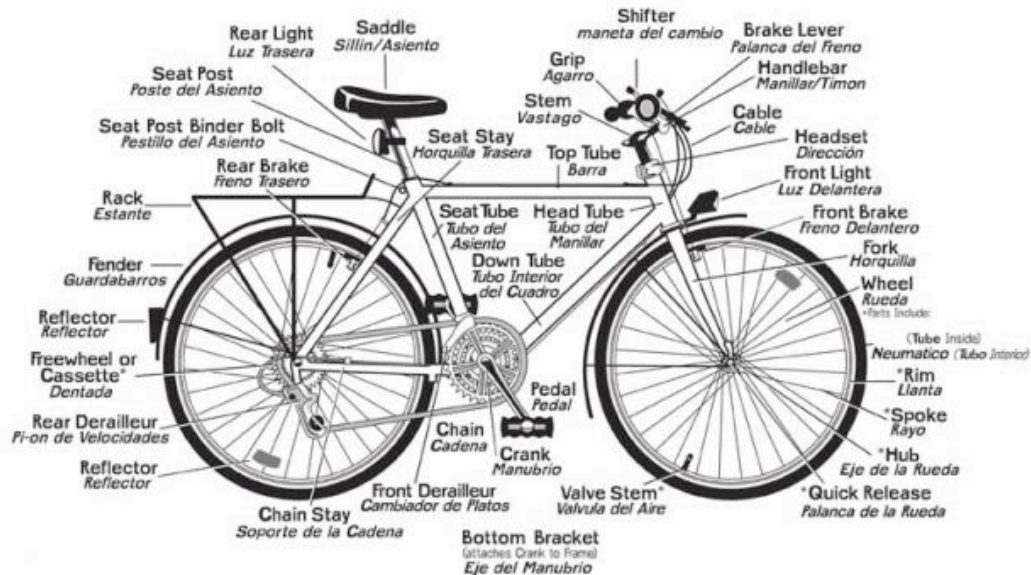


Image from: <http://westtownbikes.org/Home>

May Program: BE A BIKE WHISPERER: Get in touch with your inner bike

May 24, 7:00 p.m. — Barney Park (at Cleveland & Hudson Streets)

Bring your bike, your chain oil, a few clean rags, bike repair stands and simple tools — or come empty-handed. Everyone's welcome. Learn how to change a tire, lube a chain, adjust shifters, tweak derailleurs, perfect brakes, and generally put your bike mechanically right. If you already are an accomplished bike mechanic, and have written a novel called *The*

Good, the Bad, and the Wrenched, or perhaps a tome titled *As the Wrench Turns*, come on down and share your skills. Helena Bicycle Club members will be there to share what they know, or to learn. Bring your bike, or not, and learn to love, not loathe, the wrench and the chain-cleaning solvent. A big "thank you" to Rick Bush for organizing this first-time club event.

Helena Ales for Trails: Supporting Helena's Trails One Sip at a Time

Benefiting Helena's Centennial Trail
Friday, May 20, 5 to 9 p.m.
Lewis & Clark County Fairgrounds
(Entry Hall)

Live Music, featuring: The Water Carvers Guild, and The Growlers

(You must be 21 years of age or older to attend)

Each ticket includes a collectible 6 oz. Helena Ales for Trails glass and FIVE drink tickets to be used at event
\$10 in advance \$15 at the door
Tickets Available At:

- Fuel Fitness
- The Landmark Company
- Tread Lightly
- Great Divide Cyclery
- Narrate Church Office

RIDES & MAY NEWS SHORTS

HBC's 2011 EVENT RIDES

Double Divide Ride—June 18 and 19

One Helena Hundred—July 16

See the Club's website for more info:

<http://helenabicycleclub.org>

Sign up, search events for "Helena":

<http://www.bikereg.com>

HBC WEEKLY RIDES

Check <http://helenabicycleclub.org> for weekly road and mountain bike rides.

RECYCLE YOUR BICYCLE SAT. MAY 7

Sell your bicycle or gear and upgrade or find the perfect fixer-upper. 9:00 - 11:00 a.m. At the Lazy Green Park, west of Helena Middle School - Corner of Helena & Rodney

Helena Bicycle Club will have a table. For your own table, or more information, please contact M.C. Beeby at 431-3152 or mc@mcbeeby.com

MAY 2011 is SWITCHING GEARS MONTH

See May 2011 Newsletter Insert

HBC Officers

President – Jullie McKenna

Vice President – Danica Vanderwaal

Secretary – Rob Psurny

Treasurer – Bob Stringer

Newsletter – Bruce Newell

Double Divide Ride – Rick Bush

One Helena Hundred – Heather Lambott

Past President – Kelly Flaherty-Settle

2011 Meeting Dates

Membership Meetings—Fourth Tuesday of the month

Board Meetings—First Monday of the month

Helena Bicycle Club

P.O. Box 4682

Helena, MT 59604

<http://www.helenabicycleclub.org>