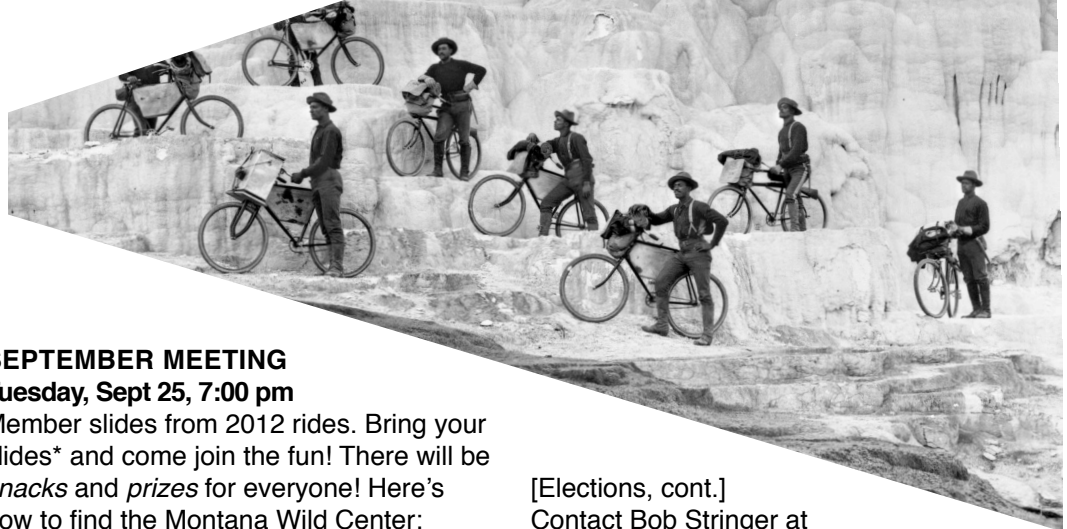


# HELENA BICYCLE CLUB



HBC  
September  
Meeting

## MEMBERS' SLIDES from 2012 RIDES

Sept 25, 7 pm

*New Location!*

Montana Wild  
Center  
(Near Spring  
Meadow Lake)

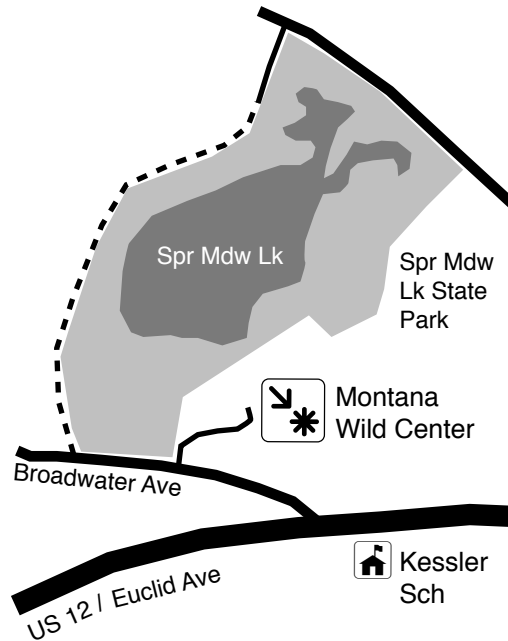
2328 Broad-  
water Avenue,  
next to the  
Montana Wildlife  
Rehab Center at  
Spring Meadow  
Lake

Turn north on  
Broadwater Ave.  
by Mini Storage,  
across from  
Kessler School

### SEPTEMBER MEETING

**Tuesday, Sept 25, 7:00 pm**

Member slides from 2012 rides. Bring your slides\* and come join the fun! There will be *snacks* and *prizes* for everyone! Here's how to find the Montana Wild Center:



\*Slides, notwithstanding the nostalgic illustration used above, need to be digital images on a thumb drive; please do bring a sample of your favorites!

### HBC ELECTIONS

HBC Officer Elections will occur at our October 23, 2012 meeting. Nominations are open.

Current nominations for HBC Officers for 2013 are:

- Peggy Stringer, President
- Rob Purny, Vice President
- Lisa Bush, Secretary
- Dave Risley, Treasurer

[Elections, cont.]

Contact Bob Stringer at (406)443-6628 or strpb@q.com if you would like to nominate additional members. Nominations can also be made at the meeting. Feel free to nominate yourself!

### PROGRESSIVE DINNER RIDE

It's back! Come join Club members for a progressive dinner ride on Sunday, September 23 beginning at 2pm at the Four Georgians School, 555 W. Custer. The first stop will be for appetizers at Bob and Peggy Stringer's House, 9 Limestone Ct in Reeder's Village.

Sign-up required: Riders will sign up to bring an appetizer, or a salad, or main course, or dessert. Your food contribution will be gathered at Four Georgians and delivered to its proper location.

To sign up for the progressive dinner, email strpb@q.com or call Peggy Stringer at 443-6628 by September 17 with what you plan to bring. We will e-mail participants with additional information and a route map.

If you are interested in hosting a leg of this fun event, please call Peggy Stringer at 443-6628.

### ONE HELENA HUNDRED REPORT

An estimated 104 cyclists participated in this year's One Helena Hundred (1HH), enjoying a scenically and gently routed century ride and ideal weather (if cool, and in the morning, drizzly). The afternoon was sunny and uncharacter-istically free of wind, it was a perfect day for a long ride. Riders either

[from page one] rode 100 kilometers or an equal number of miles. In both cases they enjoyed cheerfully-staffed, well stocked aid stations, roving break-down assistance, and a splendid lunch. When you see 1HH Chair Heather Lambott, or one of her many volunteers, please thank them for a great ride.

**DOUBLE DIVIDE REPORT**

DDR Co-Chief Wrangler Pete Carparelli reports: "Beautiful clear skies with little wind prevailed over the 2012 DDR with 59 riders registered and 10 family members joining in some of the social events. The weather was rivaled by excellent meals, wonderful generous gifts and awards, and the special appearance of Agave Blues, an acoustic trio, at our Saturday evening festivities.

The riders were a great group, including folks from across western Montana and even from Washington, Nebraska, and Alaska. And it all came into being because of a phenomenal group of volunteers and the support of the HBC Board. So, perhaps there will be yet other DDRs in years to come." Many thanks to Pete Carparelli, Josh Quarles, and their many helpers who helped make the DDR a success.

**BIKE SAFETY CLINIC**

Peggy Stringer, Don Harris and Bob Stringer conducted a bike safety clinic at the Spring Meadow

Resources, a non-profit organization providing assisted and supported living services to those with disabilities in Helena, Montana. Don, Peggy and Bob discussed how cyclists should ride in traffic safely. Kids' helmets were checked, and their bicycles inspected. Two very happy cyclists received new bicycle helmets when their helmets were determined to be unsafe. The clinic ended with a group ride that showed what participants learned.

**MULTIPLE KUDOS TO MDT**

Please take time to thank the Montana Department of Transportation for their responsiveness to our request that they sweep the shoulders of our most popular riding routes. Every Monday morning Euclid is swept from Benton to the Broadwater Market. US 12, from the Broadwater Market to the top of MacDonald Pass is being swept frequently as well. MDT is also working to sweep Green Meadow Drive more often, as well as US 12 through Helena to East Helena. Finally, I-15 is being swept from Helena to Clancy. Don Harris has worked closely with local MDT staff to ensure these routes are swept for cyclists' convenience and safety.

Also, if you get a chance, thank MDT for installing an access gate on the frontage road, providing seasonal access to the Jefferson City I-15 rest area. Now cyclists can, in season, feel as restive as do those plying the Interstate.

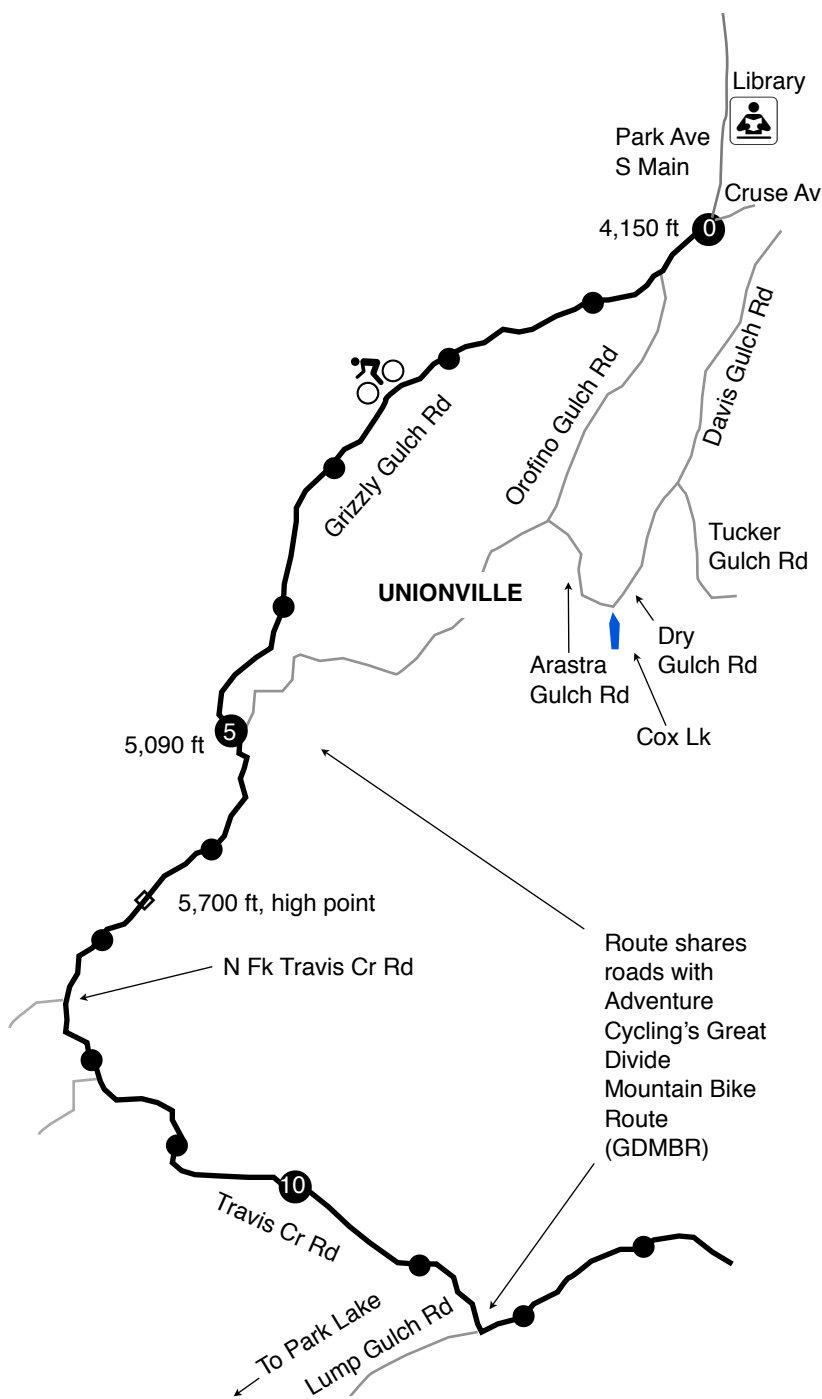
HELENA BICYCLE CLUB  
 P.O. BOX 4682  
 HELENA, MT 59604  
**2012 Directors**  
 President, Peggy Stringer  
 Vice President, Rob Psumy  
 Secretary, Lisa Bush  
 Treasurer, Bob Stringer  
 Newsletter, Bruce Newell,  
 Double Divide Ride,  
 Pete Carparelli and Josh Quarles  
 One Helena Hundred, Heather Lambott  
 Past President, Julie McKenna  
 At Large, Don Harris  
 At Large, Bill Schneider  
**E-Mail List**  
<http://groups.yahoo.com/subscribe>  
**Website**  
<http://helenaclub.org>

## Lump Gulch / Clancy Loop

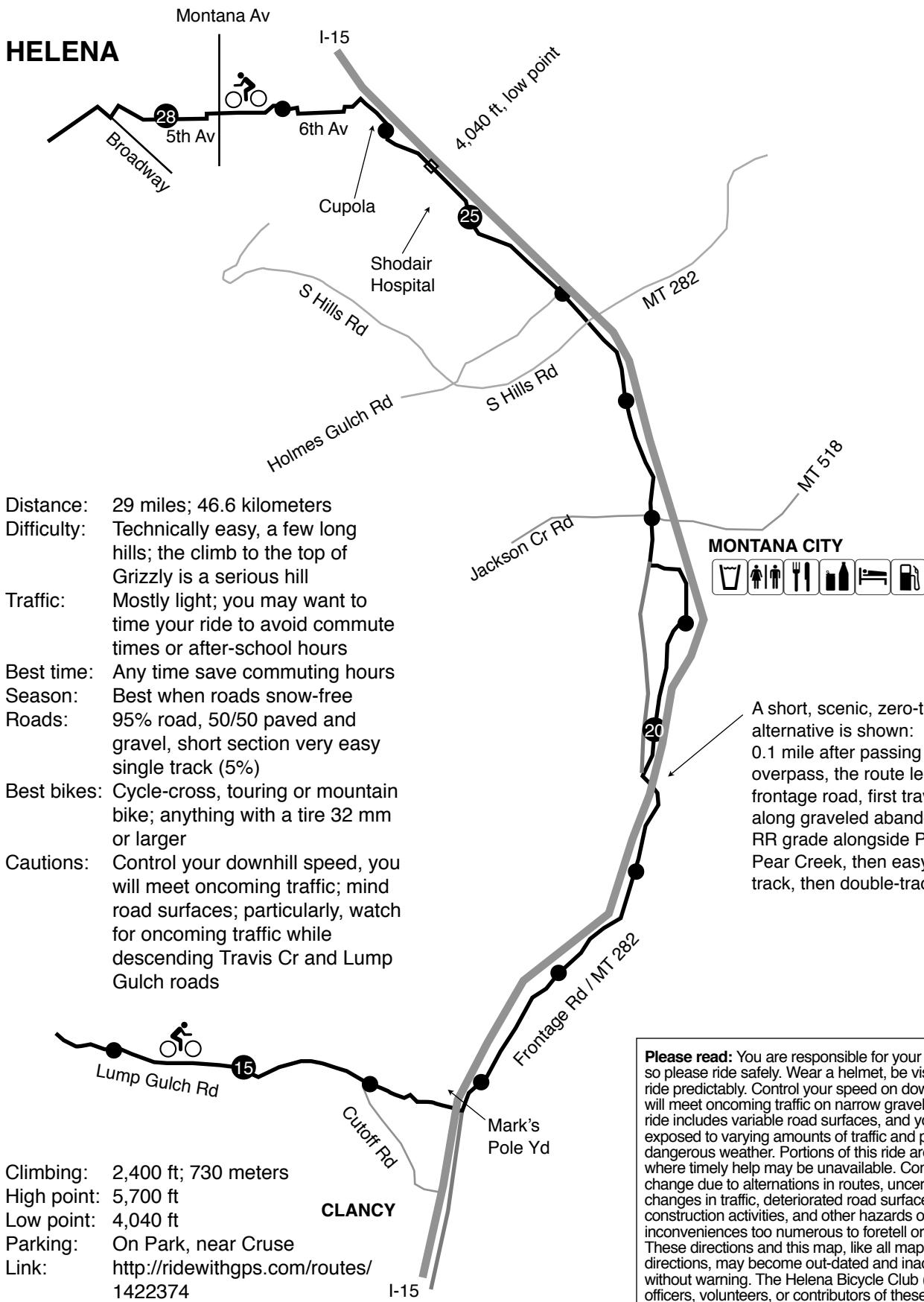
Contributed by Bruce Newell  
 Helena Bicycle Club Newsletter  
 September 2012  
 © Helena Bicycle Club, CC:BY

A varied mixed pavement and gravel romp, with good climbs, great descents, and rural forest roads.

Begin	At Cruse and S Park, continue south onto W Main St	0.1
Right	Slight right onto gravel Grizzly Gulch	0.5
Right	Intersection of Grizzly and Orofino; Turn right (continuing more steeply uphill) on Grizzly Gulch Dr	5.1
Straight	Crest hill, 5,690 ft, continue downhill onto Travis Creek Rd	6.7
Left	Intersection of Travis Cr Rd and N Fk Travis Creek Rd; Keep left at the fork continuing on Travis Cr Rd	7.5
Left	Intersection of Travis Cr Rd (road to Park Lk) and Lump Gulch Rd; Slight left onto Lump Gulch Rd	11.6
Left	Intersection of Cutoff Rd (to Clancy) and Lump Gulch Rd (passing Mark's Pole Yard, under Interstate 15, and onto the Frontage Rd, aka Hwy 282); Turn left onto Frontage Rd at mile 16.7	15.9
Left	Continue on Frontage Rd under I-15; Frontage Rd bends north passing gravel parking area on right, immediately after turn leave Frontage Rd and follow gravel rail trail north along Prickly Pear Cr. Rail trail turns (very easy) single track for 0.4 mile	19.6
Straight	Continue past Stoney Brook Dr on gravel road, follow Virginia Rd up short mod. steep hill keeping Rattlesnake Butte to your left. Beyond top of climb, gravel turns to blacktop. Pass several businesses. Turn right on Frontage Rd (Hwy 282) opposite Sidewinder Loop. Continue into Montana City.	21.0
Straight	At the traffic circle, continue straight to stay on Hwy 282	22.0
Straight	Continue onto Capitol Dr	23.7
Straight	Continue onto Colonial Dr	24.1
Straight	At the traffic circle, continue straight to stay on Colonial Dr	24.8
Straight, then Left in alley, around Smith Sch	Pass Copula, continue on past Northrop Grumman office building, turning left in the alley immediately to the north of the Northrop Grumman office building. Cautiously continue through the Smith School parking lot, turning right onto 6th Ave where it crosses California St	26.1



Straight	Continue onto 6th Ave at California St, stay on 6th as it jogs north for several yards on Hannaford St	26.9
Right	Turn right, crossing N Lamborn St remaining on 6th	27.0
Left	Turn left onto E 6th Ave; Continue past Montana at Mile 27.5; immediately after crossing Montana Ave prepare to turn left onto N Dakota St	27.0
Left	Turn left onto N Dakota St	27.6
Right	Turn right onto 5th Ave; Cross Rodney St. at Mile 28.2; Continue onto N Warren	27.6
Left	Turn left onto N Warren St	28.4
Right	Turn right onto Broadway St	28.5
Left	Turn left onto S Park Ave, end of ride at Park & Cruse	28.6



- Distance: 29 miles; 46.6 kilometers
- Difficulty: Technically easy, a few long hills; the climb to the top of Grizzly is a serious hill
- Traffic: Mostly light; you may want to time your ride to avoid commute times or after-school hours
- Best time: Any time save commuting hours
- Season: Best when roads snow-free
- Roads: 95% road, 50/50 paved and gravel, short section very easy single track (5%)
- Best bikes: Cycle-cross, touring or mountain bike; anything with a tire 32 mm or larger
- Cautions: Control your downhill speed, you will meet oncoming traffic; mind road surfaces; particularly, watch for oncoming traffic while descending Travis Cr and Lump Gulch roads

A short, scenic, zero-traffic alternative is shown: 0.1 mile after passing under overpass, the route leaves frontage road, first traveling along graveled abandoned RR grade alongside Prickly Pear Creek, then easy single-track, then double-track.

- Climbing: 2,400 ft; 730 meters
- High point: 5,700 ft
- Low point: 4,040 ft
- Parking: On Park, near Cruse
- Link: <http://ridewithgps.com/routes/1422374>

**Please read:** You are responsible for your own safety, so please ride safely. Wear a helmet, be visible and ride predictably. Control your speed on downhills; you will meet oncoming traffic on narrow gravel roads. This ride includes variable road surfaces, and you will be exposed to varying amounts of traffic and potentially dangerous weather. Portions of this ride are remote, where timely help may be unavailable. Conditions change due to alternations in routes, uncertain weather, changes in traffic, deteriorated road surfaces, construction activities, and other hazards or inconveniences too numerous to foretell or specify. These directions and this map, like all maps and directions, may become out-dated and inaccurate without warning. The Helena Bicycle Club (HBC), its officers, volunteers, or contributors of these rides, trip leaders, and others associated with this bicycle ride description and map cannot be held responsible for the conditions of this route, or for any aspect of your ride. HBC is not responsible for any injuries or damages sustained or occurring while riding this route.